

3rd June 2026

Meeting Regarding World Environment Day Celebrations

Dr. Sachin Gathe, President, IMA Nagpur, attended a meeting on 3rd June 2026 at 4:00 PM at the Smart City Hall, New Administrative Building, Nagpur Municipal Corporation (NMC), Nagpur. The meeting was convened by Dr. Deepak Selokar, Medical Health Officer, NMC, Nagpur, under the guidance and instructions of Hon'ble Mayor Mrs. Neetatai Thakre.

The purpose of the meeting was to seek cooperation and active participation from various organizations for the World Environment Day celebrations and related environmental awareness activities scheduled from 5th June to 21st June 2026. During the meeting, Dr. Sachin Gathe assured full support and participation of IMA Nagpur in the environmental initiatives planned during the celebration period.

4th June 2026

BLOOD DONATION CAMP



IMA Nagpur, in association with Remedia Hospital, Nagpur, successfully organized a Blood Donation Camp on 4th June 2026 at Police Zone-6, Nagpur. The camp was conducted with the support of GSK Blood Bank, Ramdaspath, Nagpur.

The initiative received an encouraging response from police personnel and members of the community. A total of **33 voluntary blood donors** generously donated blood, contributing towards the availability of lifesaving blood for patients in need.

IMA Nagpur expressed its gratitude to all the donors, Remedia Hospital, GSK Blood Bank, and the Police Department for their wholehearted cooperation in making the camp a success. Such activities help create awareness about the importance of voluntary blood donation and strengthen the healthcare support system in the community.

5th June 2026

WORLD ENVIRONMENT DAY – PLASTIC-FREE AWARENESS DRIVE



On the occasion of World Environment Day, IMA Nagpur in collaboration with Rotary Club of Nagpur Ishanya and Tejaswini Manch organized a Plastic-Free Awareness Drive at the Netaji Phool Market, Burdi , Nagpur on 5th June 2026 to promote environmental conservation and encourage the reduction of plastic usage.

The initiative aimed to create awareness among vendors, customers, and the general public about the harmful effects of single-use plastics and the importance of adopting eco-friendly alternatives for a cleaner and healthier environment. 7500 cloth bags donated by Dineshji and Sumitaji thru RCNI were exchanged for plastic bags on the day and A Plastic Free Market initiative was launched to celebrate World Environment Day.

Dr. Manisha Rathi and Dr. Prajakta Kaduskar, Vice Presidents, Dr. Aditya Parihar and Dr. Pallavi Als, Hon. Joint Secretaries, along with Mr. Abhijeet Ambhaikar, Public Relations Officer, were prominently present during the event and actively participated in spreading the message of environmental responsibility.

IMA Nagpur reaffirmed its commitment towards environmental sustainability and appealed to citizens to contribute towards making Nagpur cleaner, greener, and plastic-free.

12th June 2026

SESSION ON CANCER AWARENESS



Dr. Anjali Bhandarkar, Hon. Secretary, IMA Nagpur emphasized the importance of early diagnosis by creating awareness about the warning signs and symptoms of cancer. She highlighted that **"prevention is better than cure"** and stressed the significance of regular health check-ups for women along with timely HPV vaccination to prevent cervical cancer.

Dr. Madhuri Gawande, Gynecologist at RST Cancer Hospital, delivered an informative session on **HPV vaccination**, explaining its vital role in preventing cervical cancer.

Dr. Sonkuwar reiterated that **cervical cancer is the only preventable cancer through HPV vaccination**, encouraging widespread awareness and immunization among eligible women.

Dr. B. K. Sharma served as the Convener of the program.

The audience was also informed about the services provided by **Snehanchal Palliative Care Centre**, which offers compassionate, holistic, and completely free palliative care to terminally ill cancer patients. The centre also extends home-based palliative care services, ensuring dignity, comfort, and support for patients and their families.

15th June 2026

HOSPITAL CLEANLINESS DRIVE SUCCESSFULLY CONDUCTED



As part of its commitment towards public health, hygiene, and environmental responsibility, IMA Nagpur, in association with the Nagpur Municipal Corporation (NMC), successfully conducted a **Hospital Cleanliness Drive** on **15th June 2026**.

The cleanliness drive was carried out at the following locations:

- Isolation Hospital, Imamwada
- Aureus Hospital, Medical Square
- LGI Hospital, Dhantoli
- IMA Nagpur Premises

The initiative aimed to promote cleanliness, sanitation, infection prevention, and a healthier healthcare environment for patients, healthcare workers, and the community at large.

IMA Nagpur expresses its sincere gratitude to all doctors, healthcare staff, volunteers, and officials of the Nagpur Municipal Corporation for their enthusiastic participation and valuable support in making this initiative a success.

“Clean Hospitals, Healthy Communities.”

Mrs. Shivani Dani, Corporator and Chairman, Standing Committee, Nagpur Municipal Corporation; Dr. Deepak Selokar, Health Officer, Nagpur Municipal Corporation; Dr. Sachin Gathe, President, IMA Nagpur; Dr. Anjali Bhandarkar, Hon. Secretary; Dr. Mukund Ganerwal, Hon. Treasurer; and Dr. Pallavi Alsai, Hon. Joint Secretary, IMA Nagpur, were prominently present during the cleanliness drive.

16th June 2026

CME ON SPECTRUM CARE MEET



The poster is for a CME event titled "SPECTRUM Care Meet...". It is organized by the Indian Medical Association (IMA) Nagpur Branch in association with the IMA CGP Nagpur Sub-Faculty and the Maharashtra Association of Physicians. The event is held on Tuesday, 16th June '26, at 08:30 pm onwards at Hotel Tuli Imperial, 37 Farm Land Central Bazar Road Ramdaspath, Nagpur Maharashtra - 440010. Two speakers are featured: Dr. Sanjay Jain, MD (Medicine), Senior Consultant Physician, on the topic "Unraveling Diabetic Sarcopenia Triad: Pharmacotherapy + Nutrition + Exercise"; and Dr. Shankar Khobragade, M.B.B.S., M.D. (Medicine), F.I.A.C.E., F.O.S.L.P.M.B.A., on the topic "Early Intensification of Telmikind-LN 40/10 to Telmikind-LN 40/20". A panel of four organizers is also shown: Dr. Sachin Gathe (President, IMA Nagpur 2026-27), Dr. Shankar Khobragade (Hon. Past Director of Studies, IMA CGP Nagpur Sub-Faculty), Dr. Sanjay Jain (Hon. Joint Secretary, IMA CGP Nagpur Sub-Faculty), and Dr. Anjali Bhandarkar (Hon. Secretary, IMA Nagpur 2026-27). The event is supported by an Educational Grant by Sitaday, Telmikind-LN, and D3 MED. The footer states "Our Passion Our Mission : Happier & Healthier Nation".

INDIAN MEDICAL ASSOCIATION
NAGPUR BRANCH
In association with
IMA CGP NAGPUR SUB-FACULTY
and
MAHARASHTRA ASSOCIATION
OF PHYSICIANS
Cordially invite you for

**SPECTRUM
Care Meet...**

Speaker
Dr. Sanjay Jain
MD (Medicine),
Senior Consultant Physician.
Topic
Unraveling Diabetic Sarcopenia Triad:
Pharmacotherapy + Nutrition + Exercise

Speaker
Dr. Shankar Khobragade
M.B.B.S., M.D. (Medicine)
F.I.A.C.E., F.O.S.L.P.M.B.A.
Topic
Early Intensification of
Telmikind-LN 40/10 to Telmikind-LN 40/20

16th June'26
Tuesday
08:30 pm
Onwards

Venue
Hotel Tuli Imperial
37 Farm Land Central Bazar Road Ramdaspath
Nagpur Maharashtra - 440010

Dr. Sachin Gathe President, IMA Nagpur 2026-27
Dr. Shankar Khobragade Hon. Past Director of Studies, IMA CGP Nagpur Sub-Faculty
Dr. Sanjay Jain Hon. Joint Secretary, IMA CGP Nagpur Sub-Faculty
Dr. Anjali Bhandarkar Hon. Secretary, IMA Nagpur 2026-27

Educational Grant by :
Sitaday Telmikind-LN D3 MED

Our Passion Our Mission : Happier & Healthier Nation

The Indian Medical Association (IMA), Nagpur Branch, in association with the IMA CGP Sub-Faculty, organized a **Spectrum Care Meet CME** on **16th June 2026** at **Hotel Tuli Imperial, Ramdaspath, Nagpur**.

Dr. Sachin Gathe welcomed the delegates and highlighted the objectives and importance of the CME.

Dr. Sanjay Jain delivered an insightful lecture on **"Unraveling the Diabetic Sarcopenia Triad: Pharmacotherapy, Nutrition & Exercise,"** emphasizing a comprehensive approach to the prevention and management of diabetic sarcopenia through evidence-based pharmacological therapy, nutritional interventions, and structured exercise.

Dr. Shankar Khobragade spoke on **"Early Intensification of Telmikind-LN 40/10 to Telmikind-LN 40/20,"** highlighting the importance of timely optimization of antihypertensive therapy for improved blood pressure control and better cardiovascular outcomes.

Dr. Anjali Bhandarkar, Honorary Secretary, proposed the vote of thanks, expressing gratitude to the speakers, delegates, and organizers for making the CME a success.

A total of **30 delegates** attended the CME and actively participated in the scientific deliberations.

19th June 2026

DOCTORS AI™ PRIMER AT AIIMS NAGPUR CONDUCTED WITH GREAT SUCCESS



The *Doctors AI™ Primer – An Academic Orientation to Artificial Intelligence in Healthcare*, hosted at **AIIMS Nagpur**, was conducted with overwhelming success and received an enthusiastic response from the medical fraternity.

The programme witnessed active participation from doctors and faculty members and featured insightful sessions on the fundamentals of Artificial Intelligence, effective prompting techniques, and the practical integration of AI into clinical practice. The interactive panel discussion further enriched the learning experience by encouraging meaningful exchange of ideas and perspectives.

IMA Nagpur extends its heartfelt gratitude to **AIIMS Nagpur, Doctors AI Education & Research Foundation, ICAIM**, our distinguished speakers, panelists, and all participating members for making this academic initiative a grand success.

This programme marks an important step towards empowering healthcare professionals with emerging technological knowledge and fostering innovation in medical practice.

Together, let us continue embracing innovation and lifelong learning for better healthcare.

20th June 2026

EMINENT DOCTORS ON COURTESY VISIT TO IMA NAGPUR



Courtesy visit by Dr Bansi Saboo, Dr Rakesh Parikh, Dr Arvind Jagdeesha, Dr Raka Shiohare and Dr Ketan Mehta to IMA Nagpur.

21st June 2026

IMA NAGPUR CELEBRATES INTERNATIONAL YOGA DAY WITH ENTHUSIASTIC PARTICIPATION



Indian Medical Association (IMA) Nagpur, in association with the Rotary Club of Nagpur Ishanya and AOI & HNS Vidarbha, celebrated International Yoga Day 2026 with great enthusiasm at the IMA Annex Multiutility Hall, South Ambazari Road, Nagpur.

The programme commenced with guided breathing exercises conducted by renowned Yoga Guru Rtn. Jagdish Bhaiya, who highlighted the importance of yoga and pranayama in maintaining physical fitness, mental well-being, and emotional balance. A large number of doctors, IMA members, and their family members actively participated in the session.

The event emphasized the significance of incorporating yoga into daily life as an effective way to prevent lifestyle diseases, reduce stress, and promote holistic health. Participants appreciated the interactive session and the practical techniques demonstrated during the programme.

A healthy breakfast was served to all participants following the yoga session, encouraging healthy dietary habits alongside regular physical activity.

The programme was graced by Dr. Sachin Gathe, President, Dr. Anjali Bhandarkar, Hon. Secretary, Dr. Pallavi Alsi Hon. Jt. Secretary IMA Nagpur, Rtn. Dr. Manisha P. Rathi, President, Rotary Club of Nagpur Ishanya, Rtn. Vinamra Khemuka, Hon. Secretary, Rotary Club of Nagpur Ishanya, Dr. Ajay Deshpande, President, AOI & HNS Vidarbha, and Dr. Disha Methwani, Hon. Secretary, AOI & HNS Vidarbha, along with several distinguished members from the participating organizations.

The programme concluded with a vote of thanks, reaffirming the commitment of the participating organizations to promote health, wellness, and preventive healthcare through such community initiatives.

25th June 2026

On Target CME



The Indian Medical Association (IMA), Nagpur Branch, in association with the IMA CGP Sub-Faculty, organized an "On Target" Continuing Medical Education (CME) programme on **25th June 2026** at **Hotel Tuli Imperial, Ramdaspeth, Nagpur**.

Dr. Sachin Gathe welcomed the delegates and highlighted the objectives and significance of the CME programme.

The scientific session featured an enlightening lecture by **Dr. Sanjay Jain** on **“Thiazide Diuretics – A Foundational Approach for CV Protection Beyond BP Control”**, providing valuable insights into the evolving role of thiazide diuretics in cardiovascular risk reduction beyond blood pressure management.

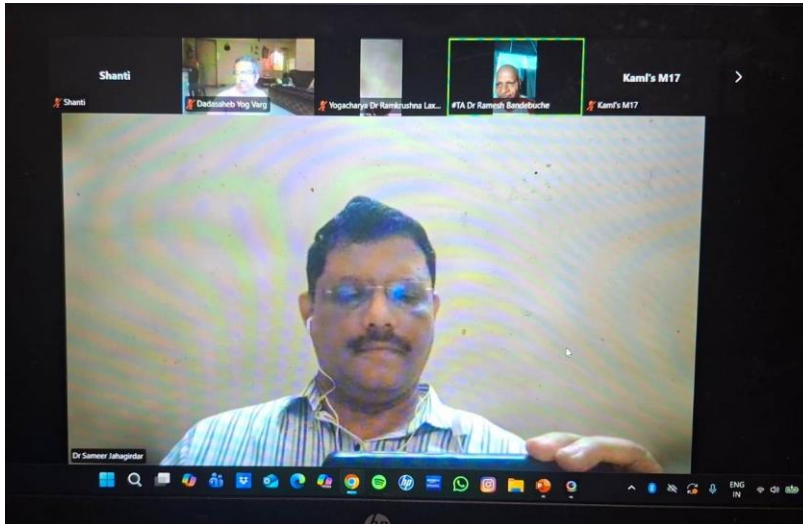
The session was chaired by **Dr. Ravi Waghmare, Dr. Shankar Khobragade, Dr. Khalid Raza Khan, and Dr. Mukund Ganeriwal**, who enriched the discussion with their expert observations and interactive participation.

Dr. Anjali Bhandarkar, Hon. Secretary, IMA Nagpur Branch, proposed the vote of thanks, expressing gratitude to the speaker, chairpersons, delegates, and organizers for making the programme a success.

A total of **61 delegates** attended the CME and actively participated in the academic deliberations.

27th June 2026

ORGAN AND BODY DONATION AWARENESS SESSION



IMA Nagpur organised online Organ and Body donation awareness program in association with Late Shri Dadasaheb Tichkule Yog Varg, Mumbai on 27th June, 2026

Dr Sameer S Jahagirdar was the Convenor and speaker for this program.

Around 50 delegates from all Maharashtra and Gujrat attended this program.

Talk was followed by interactive session between the speaker and audience where in Dr Sameer S. Jahagirdar answered queries from the delegates.

Program was well appreciated

27th June 2026

FOOT AND ANKLE BIOMECHANICS AND REHABILITATION WORKSHOP



A comprehensive **Foot and Ankle Biomechanics and Rehabilitation Workshop** was successfully conducted, bringing together experts and physiotherapy professionals for an enriching academic session focused on advancing knowledge in foot and ankle care.

Dr. Girish Motwani highlighted the importance of addressing minor foot and ankle injuries at an early stage, explaining how neglecting them can progress to more serious orthopedic conditions. He also presented valuable orthopedic case studies that enhanced the participants' clinical understanding and decision-making.

Dr. Kevin Agrawal delivered an insightful lecture on rehabilitation and mobility, emphasizing evidence-based approaches to restoring function, improving mobility, and achieving better patient outcomes.

Dr. Gurpreet Juneja conducted an engaging session on foot and ankle anatomy, strengthening the participants' foundational knowledge of lower-limb biomechanics and its clinical applications.

Dr. Saloni Thakre anchored the workshop and presented an overview of Tekas Footcare's advanced foot scanning technology. She demonstrated how modern scanning techniques assist in understanding foot biomechanics, enabling precise assessment and personalized treatment planning.

Dr. Shubham Padmawar attended the workshop as a distinguished guest invitee, adding to the academic and professional significance of the event.

The workshop was organized by Mr. Utkarsh Pande, Founder and CEO of Tekas Footcare, with the vision of spreading awareness, enhancing professional knowledge, and promoting innovation in foot and ankle care among physiotherapy professionals.

Dr. Sachin Ghate, President of the Indian Medical Association (IMA), addressed the gathering and appreciated Tekas Footcare for organizing this educational workshop. He commended the initiative for its valuable contribution towards advancing knowledge and improving the standard of foot and ankle care.

Dr. Anjali Bhandarkar, Secretary of the Indian Medical Association (IMA), also addressed the audience and congratulated the organizers for conducting an informative and impactful academic program. She emphasized the importance of continuous learning and skill enhancement in delivering quality healthcare services.

27th June 2026

CPR TRAINING CONDUCTED FOR LIFELINE BLOOD BANK STAFF & PARAMEDICS



A Cardiopulmonary Resuscitation (CPR) Training Program was successfully conducted for the staff and paramedical personnel of **Lifeline Blood Bank** on **27th June 2026**.

The objective of the training was to equip healthcare professionals with essential life-saving skills and enhance their preparedness to respond effectively during medical emergencies. The session included hands-on demonstrations and practical guidance on performing high-quality CPR in accordance with standard emergency response protocols.

More than **50 participants**, including blood bank staff and paramedics, actively participated in the training and gained valuable knowledge and practical experience.

The training was coordinated by **Dr. Sachin Makade**, IMA Coordinator. **Dr. Pallavi Meshram**, IMA Member, was also present and contributed to the successful conduct of the program.

The Indian Medical Association (IMA) remains committed to promoting emergency preparedness and strengthening life-saving skills among healthcare professionals through such educational initiatives.

28th June 2026

CPR TRAINING CONDUCTED FOR LIFELINE HOSPITAL, KAMPTEE



A **Cardiopulmonary Resuscitation (CPR) Training Program** was successfully conducted for the staff and paramedical personnel of **Lifeline Hospital, Kamptee** on **28th June 2026**.

The training aimed to enhance the knowledge and practical skills of healthcare professionals in delivering immediate and effective CPR during medical emergencies. The session included live demonstrations and hands-on practice, enabling participants to learn the latest CPR techniques and emergency response protocols.

More than **60 staff members and paramedics** enthusiastically participated in the training, reflecting their commitment to providing prompt and quality emergency care.

The program was coordinated by **Dr. Sachin Makade**, IMA Coordinator. **Dr. Arihant Jain**, IMA Member, actively participated in conducting the training and interacted with the participants.

The Indian Medical Association (IMA), Nagpur Branch, continues to organize CPR awareness and training programs across hospitals and healthcare institutions to strengthen emergency response capabilities and promote the importance of life-saving skills among healthcare professionals.

