

1<sup>st</sup> April 2025

## CHARGE HANDOVER



The Indian Medical Association (IMA) Nagpur Branch has elected a new team of office bearers for the year 2025-26. **Dr. Rajesh Sawarbandhe, a renowned orthopaedic surgeon in the city, has been appointed as the President.** The newly appointed office bearers include:

- Dr. Jitendra Sahu, well-known Radiologist & Fetal Medicine Specialist, as Hon. Secretary
- Dr. Sachin Gathe, Diabetologist, as President Elect
- Dr. Alok Umre, Orthopaedic Surgeon, and Dr. Aniruddha Deoke, MD (PSM) Epidemiologist, as Vice Presidents
- Dr. Shivani Sule (Bidaye), Ophthalmologist, as Hon. Treasurer
- Dr. Anjali Bhandarkar, Gynaecologist, and Dr. Yash Banait, Paediatrician, as Hon. Jt. Secretaries
- Dr. Ajay Deshpande as Chairman, IMA AMS
- Dr. Shubhangi Wairagade as Hon. Secretary IMA AMS
- Dr. Nitin Gupta as Hon. Asstt. Director, IMA CGP Nagpur Chapter
- Dr. R. J. Malani as Hon. Asstt. Secretary IMA CGP Nagpur Chapter

This new team officially took charge on April 1, 2025.

The election process was conducted smoothly under the leadership of **Dr. Krishna Parate**, Chairman of the Election Commission, along with committee members **Dr. Anand Kate** and **Dr. Pradeep Rajderkar**. They were present to congratulate the newly elected team.

The ceremony was attended by several esteemed members, including Dr. Manjusha Giri, Immediate Past President, Dr. Prajakta Kaduskar, Immediate Past Secretary, and other prominent office bearers from 2024-25. Notable members such as Dr. Ashok Adhao, Dr. Milind Naik, Dr. Y. S. Deshpande, Dr. Krishna Parate, Dr. Anand Kate, Dr. Prashant Nikhade, Dr. Anil Laddhad, Dr. Pradeep Rajderkar, Dr. Rajesh Ballal, Dr. B. K. Sharma, Dr. Harish Chandak, Dr. Warsha Dhawale, Dr. Sanjay Deshpande, Dr. Ajay Kate, Dr. Avinash Wase, Dr. Vaishali Khandait, Dr. Ashish Disawal, Dr. Kush Jhunhunwala, Dr. Archana Kothari, Dr. Sanjay Deotale, Dr. Prakash Deo, and Dr. Vandana Kate also extended their congratulations to the new team.

The IMA Nagpur Branch looks forward to working towards the betterment of the medical community and serving the public with the leadership of this new team.

2<sup>nd</sup> April 2025

## WORLD HEALTH DAY CELEBRATION



### Discussion on Preventive Care – World Health Day Event with Grassroots Caregivers

As part of the World Health Day celebrations, a focused session on *Preventive Care* was held to empower and engage frontline healthcare workers. The event highlighted the vital role that grassroots caregivers—nurses and Resident Medical Officers (RMOs)—play in delivering preventive healthcare across communities.

Dr. Yash Banait, Hon. Joint Secretary of IMA Nagpur, led the session by delivering an insightful lecture emphasizing the importance of early detection, patient education, and community outreach in disease prevention. Dr. Banait stressed that preventive care is not only more cost-effective than curative treatment but also crucial in improving overall public health outcomes.

In a unique and interactive format, Dr. Banait conducted a **case-based seminar** tailored for nurses and RMOs. Through real-world clinical scenarios, participants explored key preventive strategies for non-communicable diseases, maternal and child health, immunization practices, and lifestyle-related disorders. The session encouraged active participation, critical thinking, and practical problem-solving.

The seminar served as a valuable platform for knowledge-sharing, skill enhancement, and reinforcing the commitment of grassroots caregivers in making healthcare more proactive and accessible.

3<sup>rd</sup> May 2025

## A LECTURER ON DEAL WITH STRESS AT WORKPLACE



### Lecture on Mental Health Awareness for Healthcare Professionals 📄

**Topic:** *The Importance of Mental Health for Doctors, RMOs, and Nurses in Managing Workplace Stress*

**Speakers:**

**Dr. Yash Banait** – Consultant Physician & Mental Health Advocate  
**Dr. Khadse** – Psychiatrist and Clinical Counselor

**Overview:**

Healthcare professionals work under immense pressure, with long hours, high-stakes decisions, and emotional challenges. This lecture aims to shed light on the **psychological impact of medical work** and equip our frontline workers — doctors, RMOs, and nurses — with practical tools to manage **stress, burnout, and emotional fatigue**.

**Key Highlights:**

- Understanding the signs of stress and burnout in medical professionals
- Psychological first aid and self-care techniques
- Creating a mentally healthy work environment
- When and how to seek professional support
- Open Q&A session with Dr. Banait and Dr. Khadse

**Target Audience:**

Doctors, Resident Medical Officers (RMOs), Nurses, and Medical Support Staff

3<sup>rd</sup> April 2025

### IMA MEMBERS PARTICIPATION IN MMC ELECTION



All office Bearers and senior leaders and members enthusiastically participated in MMC Election at Govt. Medical College, Nagpur and campaign for 9 candidates of IMA panel.



3<sup>rd</sup> April 2025

## INAUGURATION OF 60 PLUS CLUB



A unique and thoughtful initiative, the "60 Plus Club" of IMA Nagpur was inaugurated as "Musical Balak Mandir," marking a new beginning for senior members of the medical fraternity. The program has been spearheaded by Dr. Satish Kadam, who has taken the lead in organizing engaging and enriching activities for members aged 60 and above.

As part of the initiative, Dr. Kadam has arranged music classes—including Harmonium, Tabla and Guitar—exclusively for IMA members above the age of 60. These sessions will be conducted every Tuesday and Friday, offering a creative outlet and a platform for social interaction and personal growth.

The inauguration ceremony was graced by the presence of several esteemed IMA officials and members, including:

- Dr. Rajesh Sawarbandhe, President
- Dr. Manjusha Giri, Immediate Past President
- Dr. Jitendra Sahu, Hon. Secretary
- Dr. Prajakta Kaduskar, Immediate Past Secretary
- Dr. Shivani Sule, Hon. Treasurer
- Dr. Yamini Als
- Dr. Satish Kadam

The event marked the beginning of a meaningful journey for senior doctors to stay active, connected, and creatively engaged.

5<sup>th</sup> & 6<sup>th</sup> April 2025

**CWC MEETING AT DEHRADUN ATTENDED BY PAST PRESEIDENTS**



The Past Presidents of IMA Nagpur graced the Central Working Committee (CWC) Meeting held in Dehradun with their esteemed presence and active participation, contributing significantly to the deliberations

6<sup>th</sup> April 2025

## CME ON PEDIATRIC CRITICAL CARE & PEDIATRIC TRANSPLANT



The Indian Medical Association (IMA), Nagpur, in association with NewEra Mother & Child Hospital, successfully organized a Continuing Medical Education (CME) program on **“Pediatric Critical Care & Pediatric Transplant”** on **6th April 2025** at **Hotel Tuli Imperial, Ramdaspath, Nagpur**.

The program commenced with a welcome address by **Dr. Rajesh Sawarbandhe**, President, IMA Nagpur.

The event featured a **Panel Discussion** on **“Organ Transplants in Children – What a Pediatrician Should Know”**, moderated by **Dr. Farhan Shaikh**. Esteemed panelists included:

- **Dr. Krishnan G. Subramanian** – Cardiac Transplant Specialist
- **Dr. Prashant Bachina** – Gastroenterologist
- **Dr. Shruti Balla** – Nephrologist
- **Dr. Sirisha Rahi** – Pediatric Hemato-Oncology Specialist
- **Dr. Mettu S. Reddy** – Liver Transplant Specialist



The **first lecture**, titled “**New Era in Pediatric Bone Marrow Transplant**”, was delivered by **Dr. Atish Bakane**.

The **second lecture**, on “**Pediatric Liver Transplant: Current Trends and Outcomes**”, was delivered by **Dr. Rahul Saxena**.

This was followed by a **second Panel Discussion** on “**Management of Refractory Hypoxia**”, moderated by **Dr. Kapil Sachane**, with panelists:

- **Dr. Farhan Shaikh**
- **Dr. Anand Bhutada**
- **Dr. Nirav Patel**
- **Dr. Naveen Saradhi**
- **Dr. Rohit Asrani**

The **third lecture**, titled “**Pediatric Kidney Transplant: Challenges and Management**”, was presented by **Dr. Shruti Balla**.

The **fourth lecture**, “**ECMO in Pediatric Patients: Indications and Management**”, was delivered by **Dr. Farhan Shaikh**.

A **third Panel Discussion** on “**Pediatric Transplant and Critical Care – A Multidisciplinary Approach**” was moderated by **Dr. Anand Bhutada**, with distinguished panelists:

- **Dr. Rahul Saxena**
- **Dr. Rohit Asrani**
- **Dr. Atish Bakane**
- **Dr. Sirisha Rani**

**Dr. Rajesh Sawarbandhe**, President, **Dr. Manjusha Giri**, Imm. Past President, **Dr. Jitendra Sahu**, Hon. Secretary, **Dr. Prajakta Kaduskar** Imm. Past Secretary, **iMA Nagpur**, **Dr. Sanjay Deshmukh** and **Dr. Milind Suryawanshi**, **Dr. Nilesh Agrawal**, **Dr. Anand Sancheti**, **Dr. Vishram Buche** graced the dais. The CME was skillfully coordinated by **Dr. Jyoti Mahajan** and **Dr. Priya Bahe**.

**Dr. Sanjay Deshmukh** proposed vote of thanks.

A total of **175 delegates** participated in the CME.

**Dr. Himanshu Dua**, representing the **Maharashtra Medical Council, Mumbai**, attended the event as the official observer. The CME was accredited with **2 credit points** by the Maharashtra Medical Council.

6<sup>th</sup> April 2025

**MEDNOVATE -  
A STATE LEVEL RESEARCH PROTOCOL PRESENTATION COMPETITION**



IMA MSN Maharashtra in collaboration with IMA Nagpur conducted Mednovate- A State Level Research Protocol Presentation Competition on 6 April 2025 at Paithankar Hall, IMA hall Nagpur.

It was attended by 7 finalist teams from an entry pool of 29 online entries. The competition involved teams of up to three participants presenting their research protocol, judged by two esteemed judges, Dr. Abhay Vilas Deshmukh (MGIMS, Sevagram) and Dr. Sanjeev Mohan Chaudhary (IGGMC, Nagpur). The competition ended with 1st and 2nd positions receiving medals, certificates and cash prize courtesy of IMA Nagpur.

7<sup>th</sup> April 2025

## WORLD HEALTH DAY CELEBRATION



IMA Nagpur, in collaboration with the RST Regional Cancer Hospital, Nagpur marked "World Health Day" on 7th April 2025 at the RST Cancer Hospital.

Dr. Rajesh Sawarbandhe, President IMA Nagpur along with Dr. B K Sharma, Dr. Kartar Singh, Dr. Dhanorkar and Dr. Jitendra Sahu Hon. Secretary of IMA, Nagpur were prominently present.

Dr. Manjusha Giri, Imm. Past President, addressed the gathering with a speech on the theme "*Healthy Beginnings, Hopeful Futures.*"

More than 150 students from the Nursing and BPMT departments, along with their teachers and consultants, attended the informative and interactive session.



7<sup>th</sup> April 2025

## WORLD HEALTH DAY CELEBRATION



On World Health Day, IMA Nagpur, in association with GMC, Nagpur conducted Organ donation awareness program on 7th April, 2025 between 11 am to 12.30 pm

The program was conducted in J D College of Engineering and Management Studies, Nagpur.

Dr Sameer S Jahagirdar, Chairman, Organ donation Committee, IMA, Nagpur gave a talk.

Dr Shailesh Gahurkar was the convener of program.

Program was prominently attended by Dr.Ujjwala Dange (Dean IQAC), Dr Sonarkar, Prof.Ridima Jejani and Prof.Tuba Khan.

Talk was followed by an interactive session with audience where Dr Jahagirdar answered questions by audience.

Program was attended by around 200 students and Professors in the college. Most of the students filled up the form and pledged for Organ donation after the program.

It was well received and appreciated by one and all.

8<sup>th</sup> April 2025

## WORLD HEALTH DAY CELEBRATION



IMA Nagpur, in collaboration with Maharshi Karve Stree Shikshan Sanstha & Sitabai Nargundkar College of Nursing, Hingna organized an interactive session as part of World Health Day celebrations.

The topic of the session was *"Healthy Beginnings, Hopeful Futures – 1000 Days,"* presented by Dr. Prajakta Kaduskar, Imm. Past Hon. Secretary, IMA, Nagpur. The session was attended by around 120 nursing students and 10 teachers, who engaged in a productive discussion on the theme.

12<sup>th</sup> April 2025

### MEETING WITH SAKHE SOBTI FOUNDATION



IMA, Nagpur in association with Sakhe Sobati Foundation held a meeting at IMA Hall. In the meeting it was decided to organize a Blood Donation Camp on 27<sup>th</sup> April 2025 at IMA.

The meeting was attended by Dr. Rajesh Sawarbandhe, President, Dr. Jitendra Sahu, Hon. Secretary, IMA Nagpur, Dr. Sanjay Deotale, Dr. Tulsi Chaddi and dignitaries of Sakhe Sobati Foundation.



16<sup>th</sup> April 2025

## ORGAN DONATION AWARENESS



IMA Nagpur in association with GMC, Nagpur, and Govt. Ayurved College, Nagpur conducted an Organ Donation Awareness program on 16th April, 2025, at Govt Ayurvedi College, Nagpur.

Dr Sameer S Jahagirdar, Chairperson Organ Donation Awareness Committee, delivered a talk.

The program was prominently attended by Dr Rajesh Sawarbandhe, President, IMA, Nagpur and Dr Shubhangi Vairagade, Dr Rajendra Sonekar, Dean, Govt Ayurvedic College, Nagpur, Dr.Ghanshyam Kodwani, HOD, Dr. Madhuri Waghmare and many more teachers from the college.

Dr Shailesh Gahukar was the convener of the program.

Mr Shyam Pranjal represented GMC, Nagpur.

More than 100 students from Govt Ayurvedic College students attended the program.



17<sup>th</sup> April 2025

## IMA Nagpur Launches Public Awareness Video Campaign on Social Media



The Indian Medical Association (IMA), Nagpur, has launched a new initiative to raise public awareness about various diseases through short, informative video clips. These clips, featuring expert doctors, will be shared on social media platforms like Instagram and Facebook, offering insights into symptoms, prevention, and management of different health conditions.

To mark **World Hemophilia Day** on **April 17, 2025**, the campaign kicked off with its first video. Dr. **Rajesh Sawarbandhe**, President of IMA Nagpur, inaugurated the series by introducing a video on **Hemophilia**, a rare bleeding disorder.

In this inaugural video, renowned medical experts **Dr. Avinash Pophali**, **Dr. Praveen Khapekar**, **Dr. Anju Mehrotra Kadu**, and **Dr. Atish Bakane** provided valuable information on the signs, symptoms, and necessary precautions related to Hemophilia.

Dr. Sawarbandhe encouraged the public to follow IMA Nagpur's **Facebook** and **Instagram** pages to stay informed and take full advantage of this initiative aimed at promoting better health literacy.

During this video Dr. Manjusha Giri, Imm. Past President, Dr. Sachin Gathe, President Elect., Dr. Jitendra Sahu Hon. Secretary, Dr. Prajakta Kaduskar, Imm. Past Secretary, Dr. Alok Umre and Dr. Aniruddha Deoke, Vice Presidents, Dr. Shivani Sule (Bidaye) Hon. Treasurer, Dr. Anjali Bhanadarkar and Dr. Yash Banait Hon. Jt. Secretaries and Dr. Shubhangi Vairagade were prominently present.

18<sup>th</sup> April 2025

## CELEBRATING 100 YEARS OF RASHTRIYA SWAYAMSEVAK SANGH (RSS)



In commemoration of the centenary celebrations of the Rashtriya Swayamsevak Sangh (RSS), a **Basic Comprehensive Life Support (BCLS)** training activity was organized by **IMA Nagpur** and **ISA - NCB**, in association with **Sevankur**. The event took place on **18th April 2025** during a **Leader Development Workshop** at **Dr. Hedgewar Smarak Samiti, Smriti Mandir**, located at the RSS Headquarters in **Reshimbagh, Nagpur**.

The training session was led by a distinguished team of senior anesthesiologists:

- **Dr. Kamalakar Pawar**, who delivered an insightful lecture on the role of a **First Responder** and the principles of **BCLS**.
- **Dr. Arihant Jain** and **Dr. Radhika Nair**, who conducted practical demonstrations of life-saving skills using mannequins.

The workshop witnessed an enthusiastic participation of around **250 medical students** from across **Maharashtra**, who were eager to learn and practice essential emergency response techniques. The session highlighted the importance of preparedness and prompt action in saving lives, aligning with the vision of community service and leadership.

This collaborative effort marks a significant step in empowering the next generation of healthcare professionals with crucial life support skills, while paying tribute to the legacy of service and nation-building upheld by the RSS over the last 100 years.

19<sup>th</sup> April 2025

## IMA NAGPUR OBSERVED WORLD AUTISM AWARENESS DAY



### IMA Observes World Autism Awareness Day with IAP and Proud Child Development Centre

The Indian Medical Association (IMA), in collaboration with the Indian Academy of Pediatrics (IAP) and Proud Child Development Centre, observed *World Autism Awareness Day* at Lokmat Square. The event was marked by enthusiastic participation from children with autism, who showcased their talents through dance performances and a magic show. These activities were designed to foster confidence and inclusivity, with active interaction between faculty members and parents.

Prominent personalities who graced the occasion included **Dr. Uday Bodhankar, Dr. Sachin Gathe, Dr. Jitendra Sahu, Dr. Kailash Vaidya, Dr. Rajesh Sawarbandhe, Dr. Dinesh Saroj, Dr. Manjusha Giri, and Mrs. Saroj.**

The event saw the participation of approximately **30–35 children**, accompanied by their parents, creating a supportive and joyful atmosphere for all.

19<sup>th</sup> April 2025

### TALK ON “HEALTH OF PERIMENOPAUSAL WOMEN”



Dr. Anjali Bhandarkar, Hon.Jt. Secretary delivered an insightful talk on “**Health of Perimenopausal Women**” at **Saraswati Vidya Mandir, Reshimbaug, Nagpur**. The session was organized for the members of the local society and the staff of **Kalyan Muk Badhir School**.

A total of **92 participants** attended the event, which included an **interactive Q&A session** where attendees' queries were addressed in detail. The talk aimed to raise awareness about the physical and emotional health challenges faced by women during the perimenopausal phase and offered practical guidance for healthy living.



19<sup>th</sup> April 2025

### **MEETING WITH DR. DEEPAK SELOKAR, MOH, NMC**



A meeting was held with NMC medical officer Dr. Deepak Selokar at NMC office regarding New notice issued by Health department. He was told about concern of all doctors regarding clause iv of the notice and difficulty of its implementation by all hospital owners. He gave a good hearing to the cause and assured to make a positive rectification to the notice for benefit of all doctors. Dr Rajesh Sawarbandhe, President Dr Jitendra Sahu, Secretary and Dr Sachin Gathe President Elect IMA Nagpur was in the delegation.

20<sup>th</sup> April 2025

### CME on RECENT ADVANCES IN PATHOLOGY



The Indian Medical Association (IMA) Nagpur, in collaboration with the Vidarbha Association of Practicing Pathologists and Microbiologists (VAPM) Nagpur, successfully organized a Continuing Medical Education (CME) program on **“Recent Advances in Pathology”** at Kings Court, Fortune Regale Hall, Fortune Mall, Sitabuldi, Nagpur.

The event commenced with a welcome address by **Dr. Rajesh Sawarbandhe**, President, IMA Nagpur.

A highlight of the CME was the **Dr. Maitrayee Munshi Oration**, delivered by **Dr. Rasika Gadkari**, titled *“Navigating Checkpoints in Shifting Paradigms: Reflections of a Pathologist.”*

The scientific session featured the following expert talks:

- **Dr. Monali Sahu** spoke on *“EGFR and KFRE in Early Detection & Prognosis of CKD.”*
- **Dr. Manjit Rajput** discussed *“Tumor Microenvironment and Its Implications on Cancer Treatment.”*
- **Dr. Shantanu Pendse** shared insights on *“Tumor Microenvironment from a Clinician’s Perspective.”*

The sessions were chaired by esteemed doctors including **Dr. R. Ravi**, **Dr. Balawant Kowe**, **Dr. K. Jaiswal**, **Dr. M. Kamal**, **Dr. A. Deshpande**, **Dr. Manisha Mishra**, **Dr. Sanjay Deotale**, **Dr. Pratibha Dawande**, **Dr. Pravin Gadkari**, **Dr. Sneha Hingwe**, **Dr. Radhika Pagey**, **Dr. Sabina Maimoon**, and **Dr. Kamyani Deshpande**.

**Dr. Naresh Gurbani** served as the Observer for the event.

The program concluded with a vote of thanks proposed by **Dr. Jitendra Sahu**, Hon. Secretary, IMA Nagpur.

Prominent attendees included **Dr. Sachin Gathe**, **Dr. R. J. Malani**, **Dr. Prashant Nikhade**, **Dr. Warsha Dhawale**, **Dr. Vaishali Khandait**, **Dr. Kamalakar Pawar**, **Dr. Dinesh Agrawal**, **Dr. Ashish Khandelwal**, **Dr. Ajay Deshpande**, **Dr. Anjali Bhandarkar**, **Dr. Shubhangi Vairagade**, and **Dr. Vaishali Pawar**.

The Maharashtra Medical Council (MMC) awarded **1 Credit Hour** for participation in the CME. The event witnessed enthusiastic participation, with approximately **160 delegates** in attendance.

20<sup>th</sup> April 2025

## INSTALLATION CEREMONY OF VAPM



Dr. Sanjay Deotale was installed as President and Dr. Tulsi Chaddi was installed as Hon. Secretary for the Vidarbha Association of Pathologists and Microbiologists (VAPM).

Dr. Rajesh Sawarbandhe, President, Dr. Jitendra Sahu, Hon. Secretary, Dr. Sachin Gathe President Elect. Dr. Ramvilas Malani, Hon. Jt. Secretary IMA MS, Dr. Anjali Bhandarkar Hon. Jt. Secretary, IMA Nagpur, Dr. Ajay Deshpande Chairman, Dr. Shubhangi Vairagade Secretary, IMA AMS, Dr. Prashant Nikhade, Dr. Warsha Dhawale, Dr. Vaishali Khandait Past Presidents, IMA Nagpur, Dr. Kamalakar Pawar, Dr. Vaishali Pawar, Dr. Dinesh Agrawal and Dr. Ashish Khandelwal congratulated the new team of VAPM.

20<sup>th</sup> April 2025

## INSTALLATION CEREMONY OF VOS



Dr. Viral Shah was installed as President and Dr. Shamik Mokadam was installed as Hon. Secretary for Vidarbha Ophthalmic Society (VOS).

Dr. Rajesh Sawarbandhe President, Dr. Sachin Gathe, President Elect., Dr. Jitendra Sahu Hon. Secretary, Dr. Ramvilas Malani Hon. Jt. Secretary IMA MS, Dr. Nitin Gupta Hon. Assistant Director of Studies, IMA CGP. Dr. Shubhangi Vairagade Hon. Secretary IMA AMS Nagpur Chapter congratulated the new Team of VOS.



23<sup>rd</sup> April 2025

## **REPORTING OF MEDICO LEGAL CASES**

IMA has raised concerns regarding police harassment of doctors while reporting Medico-Legal Cases (MLCs) at police stations. The issue was formally communicated through a letter to the Police Commissioner's office and the Minister of State, Adv. Ashish Jaiswal on 23<sup>rd</sup> April 2025.

IMA Nagpur President Dr. Rajesh Sawarbandhe also discussed the matter with the minister over the phone.

Both the Police Commissioner's office and Minister Jaiswal expressed regret over the inconvenience caused to the doctors. They assured the IMA representatives that the issue would be addressed promptly. They also stated that doctors are welcome to file complaints or report incidents at their nearest police stations for swift action and order regarding the same will serve to all police stations very soon.

24<sup>th</sup> April 2025

## EDUCATIONAL TALK ON HAEMOPHILIA



IMA Nagpur, in association with Cancer Relief Society and RST Cancer Hospital & Research Centre, Nagpur, organized an educational program titled **“Talk on Haemophilia”** on **24th April 2025** at RST Cancer Hospital.

The session was led by **Dr. Manjusha Giri**, Immediate Past President of IMA Nagpur, who provided valuable insights into the condition of haemophilia, its diagnosis, treatment options, and the importance of awareness in the medical community and society at large.

The program aimed to educate healthcare professionals and the general public about the challenges faced by individuals with haemophilia and the latest advancements in its management.

25<sup>th</sup> April 2025

## HEART AWARENESS PROGRAM AND HEALTH CHECKUP CAMP



### Health Check-up Camp Organized by IMA Nagpur at GST Bhavan

IMA Nagpur successfully organized a **Health Check-up Camp** at **GST Bhavan, Civil Lines, Nagpur**, on **25th April 2025**, from **11:00 AM to 2:00 PM**. The event was held in collaboration with **Cardion Hospital, Dhantoli, Nagpur**.

The camp offered a range of essential health services, including:

- **CPR Training**
- **Lipid Profile Testing**
- **Random Blood Pressure Monitoring**
- **ECG**
- **BMD (Bone Mineral Density) Test**
- Specialist consultations in **Cardiology, Orthopaedics, and Gynaecology**

Distinguished IMA members **Dr. Anjali Bhandarkar**, Hon. Joint Secretary, and **Dr. Nikunj Pawar** extended their expert services during the camp.

A total of **93 women** availed themselves of the free health check-up and consultation services provided.

The event was well-received and underscored IMA Nagpur's commitment to promoting preventive healthcare and community wellness.

27<sup>th</sup> April 2025

## CME ON

### GROWTH AND DEVELOPMENT – TWO PILLARS OF PAEDIATRIC AN UPDATE.



#### **Academy of Paediatrics and IMA Nagpur Organize CME on “Growth and Development – Two Pillars of Paediatrics”**

Nagpur – The Academy of Paediatrics, in association with the Indian Medical Association (IMA) Nagpur, successfully organized a Continuing Medical Education (CME) program titled **“Growth and Development – Two Pillars of Paediatrics: An Update”** at the IMA Annex.

Dr. Rajesh Sawarbandhe, President of IMA Nagpur, inaugurated the event by welcoming the delegates and delivering the keynote address. He emphasized the importance of recognizing and supporting children with Autism, highlighting the need for awareness, early intervention, and inclusive care. He remarked that creating a nurturing environment is essential for the holistic development of all children, especially those with unique developmental needs.

The CME focused on the integral aspects of paediatric growth and development, underscoring the importance of early identification and appropriate support to ensure the mental and physical well-being of the younger population.

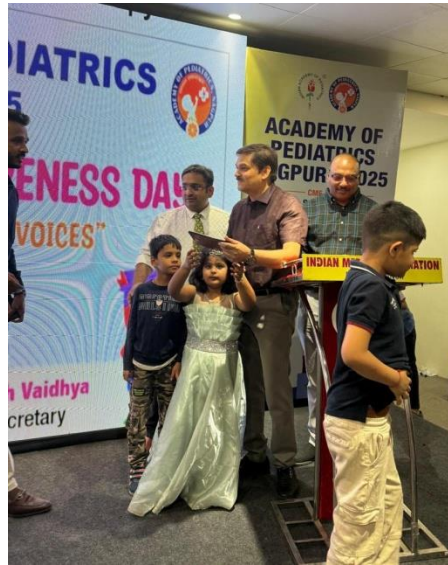
The event was graced by the presence of several eminent paediatricians including **Dr. Manjusha Giri, Dr. Jitendra Sahu, Dr. Vinky Rughwani, Dr. Uday Bodhankar, Dr. Vasant Khalatkar, Dr. Sanjay Pakhmode, Dr. Shilpa Hazare, Dr. Kelash Vaidya, and Dr. Nirali Lohiya.**

A total of **125 delegates** participated in the CME, reflecting strong engagement and a shared commitment towards enhancing paediatric care.



27<sup>th</sup> April 2025

## **PUBLIC AWARENESS PROGRAM ON AUTISM**



### **Public Awareness Program on Autism Organized by Academy of Paediatrics in Association with Indian Medical Association, Nagpur.**

The Academy of Paediatrics, in association with Indian Medical Association, Nagpur, organized a Public Awareness Program on Autism at Dr. Hardas Hall, IMA Annex.

The event was graced by the presence of Dr. Rajesh Sawarbandhe (President, IMA Nagpur), Dr. Jitendra Sahu (Hon. Secretary), and Dr. Yash Banait (Hon. Joint Secretary), who played an active role throughout the program.

Approximately 25 children with autism, along with their parents, participated enthusiastically in a special ramp walk. All participating children were awarded prizes and gifts as a token of appreciation and encouragement.

The event aimed to raise awareness about autism, promote inclusion, and celebrate the unique talents of children on the autism spectrum.

27<sup>th</sup> April 2025

## INSTALLATION CEREMONY OF AMS



Dr. Nainesh Patel was installed as President and Dr. Sameer Jahagirdar was installed as Hon. Secretary for Academy of Medical Sciences, Nagpur.

Dr. Ashish Disawal, Vice President, Dr. Ramvilas Malani Hon. Jt. Secretary IMA MS, Dr. Rajesh Sawarbandhe President, Dr. Jitendra Sahu Hon. Secretary, Dr. Anjali Bhandarkar, Hon. Jt. Secretary IMA, Nagpur, Dr. Sanjay Deotale, Dr. Ashish Khandelwal, Dr. Nitin Gupta, Dr. Viral Shah and Dr. Shubhangi Vairagade congratulated the new team.

27<sup>th</sup> April 2025

## BLOOD DONATION CAMP



### Blood Donation Camp Organized by Sakhe Sobati Foundation and IMA Nagpur

Nagpur, May 27 – A successful **Blood Donation Camp** was organized by **Sakhe Sobati Foundation, Nagpur** in collaboration with **IMA Nagpur, 1986 Batch of GMC Nagpur, GMC Nagpur Blood Bank, CSI, and VAPM**.

The camp witnessed an enthusiastic response, with **154 units of blood** collected, contributing significantly to the community's healthcare needs.

Prominent attendees included:

- **Dr. Rajesh Sawarbandhe**, President, IMA Nagpur
- **Dr. Jitendra Sahu**, Hon. Secretary, IMA Nagpur
- **Dr. Yash Banait**, Hon. Joint Secretary, IMA Nagpur
- **Dr. Sanjay Deotale**, President VAPM
- **Dr. Tulsi Chaddi**, Hon. Secretary, VAPM

Their presence and support greatly encouraged donors and volunteers, helping make the event a grand success.

28<sup>th</sup> April 2025

### TALK ON “WOMEN’S RIGHT TO HEALTH”



Jog Caterers, Nagpur invited Dr. Anjali Bhandarkar, Hon. Joint Secretary, IMA Nagpur, to conduct an interactive session on “*Women’s Right to Health*” for their staff. The event aimed to raise awareness and promote open dialogue on women's health issues in the workplace.

Dr. Bhandarkar engaged the audience with an insightful and interactive discussion, addressing various health concerns specific to women and answering numerous queries from the participants.

A total of **69 ladies** attended the session, making it a well-received and impactful initiative by Jog Caterers.