

1st November 2024

IMA celebrated Diwali Pahat



IMA Nagpur celebrated Diwali Pahat with Hindi Marathi Geeto ka Sumadhur Sangam on 1st Nov 6.30am at IMA's J R Shaw auditorium

Program started with traditional lighting of samai.

Songs based on bhavgeet, folk songs and film song were performed by IMA's own singers Dr. Vaishali Khandait, Dr. Pradeep Rajderkar, Dr. Shyam Babhulkar, Dr. Sandeep Meshram, Dr. Sanjog Gajbhiye, Dr. Shivangi Jahagirdar, Dr. Suresh Iyer, Dr. Gauri Arora, Dr. Sudhir Bhawe, Dr. Mukund Ganeriwal, Dr. Nishikant Lokhande, Dr. Anjali Bhandarkar.

Dr. Sudhir Bhawe and Dr. Shivangi Jahagirdar conducted the whole program. Mahendra Dhole and group were the musicians.

Dr. Suresh Iyer and Dr. Nishikant Lokhande were felicitated.

Dr. Rajesh Sawarbandhe Prsident Elect. Dr. Prajakta Kaduskar, Hon. Secretary Dr. Sameer Jahagirdar, Dr. Sushama Thakre Vice Presidents, Dr. Shailesh Gahukar Hon. Treasurer, Dr. Viral Shah Hon. Jt. Secretaries worked hard for the success of the program.

Dr. Y.S.Deshpande, Dr. Anand Kate, Dr. Ajay Kate, Dr. Prashant Nikhade, Dr. B.K.Sharma, Dr. Anil Laddhad, Dr. Sanjay Deshpande, Dr. Kush Jhunjunwala, Dr. Ashish Disawal, Dr. Vandana Kate, Dr. Shrikant Mukewar, Dr. C.S.Cham, Dr. Piyush Kherde, Dr. Sachin Gathe, Dr. Abhijeet Ambhaikar, Dr. Ajay Deshpande and Dr.Abhijeet Deshpande and other senior members of IMA and their families enjoyed the musical treat.

More than 200 members and their families attended the program.

6th November 2024

Maharashtracha Arogya Jahirnama



Maharashtracha Arogya Jahirnama handed over to Dr. Milind Mane BJP. Dr. Ashish Disawal, Dr. Manjusha Giri and Dr. Prashant Nikhade were present during the event.

6th November 2024

Press meet regarding " Maharashtra Aarogya Jahirnama"



IMA Nagpur organized press meet regarding Maharashtra Aarogya Jahirnama at 4.30pm at IMA House Nagpur. Press Reporter along with Dr. Manjusha Giri, Dr. Prashant Nikhade, Dr. Prajakta Kaduskar, Dr. Rajesh Sawarbandhe were present during the meet.

7th November 2024

Maharashtracha Arogya Jahirnama



Maharashtracha Arogya Jahirnama handed over to Shri Duneswar Pethe, NCP. Dr. Prashant Nikhade, Vice President IMA MS and Dr. Rajesh Sawarbandhe present during the event.

7th November 2024

Maharashtracha Arogya Jahirnama



Maharashtracha Arogya Jahirnama handed over to Shri Krishna Khopde, BJP. Dr. Prashant Nikhade, Vice President IMA MS and Dr. Rajesh Sawarbandhe President Elect. IMA Nagpur present during the event.

7th November 2024

COLS & CPR at RST Cancer Hospital



On 7th November 2024, the Indian Medical Association (IMA) Nagpur in collaboration with RST Cancer Hospital, successfully organized a COLS (Compression Only Life Support) and few steps of BCLS (Basic Cardiac Life Support) training session. The event, held at RST Cancer Hospital, aimed to educate participants on the critical skills required to respond to cardiac arrest situations.

The COLS training program focused on the early recognition of cardiac arrest, prompt activation of emergency services, early chest compression, and rapid transfer to medical facilities. A key highlight of the training was its emphasis on continuous chest compressions, with a guideline specifically designed for laypersons to perform chest compression-only CPR, minimizing any interruptions in life-saving efforts and morbidity.

The hands-on training session was attended by over 250 paramedical and nursing students, providing them with practical knowledge and techniques. The faculty for the event included Dr. Kamalakar Pawar, Dr. Sonali Bhagat, and Dr. Viral Shah, all of whom contributed their expertise to ensure an enriching learning experience for the attendees.

Dr. B.K. Sharma served as the Convener for the event, ensuring smooth coordination and successful execution. The event was also graced by the presence of Dr. Kartar

Singh and Dr. Manjusha Giri, President of IMA Nagpur, who played an integral role in the initiative.

This training session underscored the importance of early intervention and effective life support in improving survival outcomes in cases of cardiac arrest.

7th November 2024

Maharashtracha Arogya Jahirnama



Handed over to Mrs. Amruta Devendra Fadnavis. Dr. Giri Charde, Dr. Manjusha Giri and Dr. Pramod Giri present during the event.

8,9,&10th November, 2024

IMA Nagpur bagged State Awards



(Lt. to Rt.) Dr. Kamalakar Pawar, Dr. Prashant Nikhade, Dr. Rajesh Sawarbandhe, Dr. Saurabh Sanjanwala, Dr. Ashok Adhao, Dr. Manjusha Giri, Dr. Dinesh Thakare, Dr. Vandana Kate, Dr. Ajay Kate, Dr. Archana Kothari and Dr. Krishna Parate.

It's truly a moment of pride for the IMA Nagpur branch to have received such prestigious accolades at the 64th Annual Conference of IMA Maharashtra State "MASTACON-2023"! Here's a summary of the key awards and responsibilities that showcase the significant contributions of IMA Nagpur members:

IMA Nagpur Branch Awards and Recognition at MASTACON-2023

- IMA MS President Appreciation Award:**
Awarded for outstanding work in serving the IMA fraternity and organizing major events such as **IMA MS MSNCON** (29th & 30th June 2024) and **IMA MS AMSCON** (21st & 22nd September 2024).
- IMA Nagpur Branch Membership Drive Award (for Large Branch 2000 & Above):**
Recognized for an exceptional membership drive, significantly contributing to the growth and engagement of the branch.
- President's Appreciation Award – Best President of Large Branch:**
Dr. Vandana Kate, Immediate Past President, honored for her exemplary leadership.
- President's Special Appreciation Award:**
Awarded to **Dr. Prashant Nikhade** for his outstanding contributions to the IMA community.
- President's Appreciation Award:**
Dr. Kamalakar Pawar, Immediate Past Hon. Secretary, received recognition for his significant role in IMA Maharashtra.

Prominent IMA Nagpur Members in Key State Positions

Several distinguished members of IMA Nagpur have been entrusted with significant roles in IMA Maharashtra State:

- **Dr. Ashish Disawal:** Vice President, IMA MS
- **Dr. Kush Jhunjunwala:** Chairman, PPS IMA MS
- **Dr. Rajesh Sawarbandhe:** Hon. Secretary, PPS, IMA MS
- **Dr. Shirish Modi:** Finance Director, PPS, IMA MS

Additionally, **Dr. Krishna Parate, Dr. Y. S. Deshpande, Dr. Anand Kate, Dr. Prashant Nikhade, Dr. Sanjay Deshpande, Dr. Kush Jhunjunwala, Dr. Ashish Disawal, and Dr. Vandana Kate (Alternate)** were elected unopposed to the **Central Working Committee** at IMA Headquarters.

Felicitations for Past Presidents

- **Dr. Ashok Adhao, Dr. Milind Naik, and Dr. Y.S. Deshpande** were **felicited for their contributions** to IMA Maharashtra State during the installation ceremony at the conference.

Conference and Award Ceremony Attendance

- The event was graced by **Dr. Pradeep Rajderkar, Dr. Vaishali Khandait, and Dr. Ramvilas Malani**, who were present during the conference and award ceremony.

Gratitude from IMA Nagpur Leadership

- **Dr. Manjusha Giri** (President) and **Dr. Vandana Kate** (Immediate Past President) expressed their heartfelt gratitude to all past presidents, senior members, and their office bearers for their unwavering support. They acknowledged the contributions of many in the leadership team, including:
 - **Dr. Rajesh Sawarbandhe, Dr. Prajakta Kaduskar, Dr. Kamalakar Pawar, Dr. Sameer Jahagirdar, Dr. Sushama Thakre, Dr. Sachin Gathe, Dr. Ashish Khandelwal, Dr. Shailesh Gahukar, Dr. Manisha Rathi, Dr. Jitendra Sahu, Dr. Viral Shah, Dr. Ragini Mandlik, Dr. Anjali Bhandarkar, Dr. Aditya Parihar, Dr. Nitin Gupta, Dr. Ramvilas Malani, and Dr. Vijay Upadhyaya.**

This recognition not only honors the hard work and dedication of the IMA Nagpur branch but also highlights the collaborative efforts that strengthen the medical community in Maharashtra. The collective leadership and tireless efforts of the members have played a key role in the success of IMA Nagpur and its pivotal contribution to IMA Maharashtra's growth and service to the medical profession.

Congratulations to the awardees and the entire IMA Nagpur team for these remarkable achievements!

13th November 2024

CME on Basics of Paediatrics



IMA Nagpur, in collaboration with New Era Hospital (Mother and Child), organized a Continuing Medical Education (CME) session on "**Basics of Paediatrics**" on **13th November 2024** at IMA Hall, North Ambazari Road, Nagpur.

The event began with a welcome address by **Dr. Manjusha Giri**, President of IMA Nagpur, who set the tone for the session. Esteemed faculty members led the discussions, covering a wide range of topics in paediatrics.

Dr. Bhavana Lakhhar presented on "**Normal Growth and Development of Children**" at different stages: from one year, preschool (2 years), and school-age children (5-16 years).

Dr. Anand Bhutada addressed the critical aspects of "**Care of Newborns & Resuscitation, Common Birth Injuries & Congenital Anomalies**", providing insights into managing newborns and understanding congenital conditions.

Dr. Sanjay Deshmukh discussed "**Why Inhalers are Best for My Practice**", highlighting the benefits and techniques for pediatric inhaler use.

Dr. Nirav Patel focused on the "**Diagnosis and Management of Common Diseases**" in children, providing valuable guidelines for handling everyday paediatric cases.

Dr. Kalyani Kadu elaborated on "**Common Paediatric Emergencies and Their Management**", helping clinicians prepare for critical situations in pediatric care.

Dr. Atish Bakani spoke about "**Anemia in Kids**", discussing its causes, diagnosis, and treatment options.

The session was overseen by a distinguished panel of chairpersons: **Dr. Mohib Haque**, **Dr. Yash Banait**, **Dr. Smita Desai**, and **Dr. Vineet Wankhede**.

The CME concluded with a **Vote of Thanks** by **Dr. Prajakta Kaduskar**, Hon. Secretary of IMA Nagpur, who expressed gratitude to all participants and speakers.

The event was observed by **Dr. Rajeev Mohta** from the Maharashtra Medical Council and expertly coordinated by **Dr. Chinmay Akre**, the Master of Ceremony.

A total of **35 delegates** attended the CME, gaining valuable knowledge to enhance their paediatric practices.

15th November 2024

Handedover Maharashtra Arogya Jahirnama to Maharashtra Times Senior Reporter



Dr. Sameer Jahagirdar, Dr. Manjusha Giri, Dr. Ashok Arbat and Dr. Sushma Deshmukh were present during the event.

15th November 2024

An interactive session "How to Reduce Morbidity and Mortality in Newborns?"



On the occasion of **National Newborn Week – 2024** (from **15th Nov. to 21st Nov. 2024**), at Sitabai Nargundkar College, **Dr. Manjusha Giri**, President of the Indian Medical Association (IMA) Nagpur, conducted an interactive session on "**How to Reduce Morbidity and Mortality in Newborns?**" for nursing students, as well as B.Sc. and M.Sc. students, and teachers.

The theme for this year's National Newborn Week is "**Safety, Quality, Nurturing Care: Birth Right of Every Newborn**", which underscores the importance of ensuring that newborns receive the highest quality care right from birth. This special week aimed to highlight the critical practices that help ensure the littlest ones get the best possible start in life.

The first few weeks of life are especially significant for newborns. It is a period when babies require the most intensive care, making newborn care during this time absolutely crucial. As part of **Infant Care Week India**, the focus of the event was to educate **parents, caregivers, and healthcare workers** on essential newborn health tips, ensuring they are well-equipped to provide the necessary care.

Over **200 students** and **20 teachers** benefited from this important session, gaining valuable insights into newborn care that could potentially save lives and improve the quality of life for many newborns in their communities.

15th to 17th November 2024

IMA Nagpur excels in IMA Doctors National Olympics Tournament



The IMA Nagpur doctors' team participated in the IMA Doctors National Olympics Tournament held in Chatrapati Sambhaji Nagar from 15th to 17th November 2024. The team displayed exceptional resilience and fierce competition as they advanced to the finals. Along the way, IMA Nagpur triumphed over strong teams from Latur, Amravati, Buldhana and Nanded, who were the champions of the previous year's tournament.

However, in a hard-fought final match at the MGM College Ground, IMA Nagpur was narrowly defeated by Akola. Despite the loss, the team earned the distinction of being the tournament's runners-up. The Municipal Commissioner of CSN, Mr. G. Srikanth (IAS), presented the runners-up trophy during the closing ceremony, marking a proud moment for the IMA Nagpur team.

Dr. Shreays Magia, Dr. Sanjay Deotale, Dr. Alok Umre, Dr. Tanav Nahatkar, Dr. Amol Thakre, Dr. Nilesh Kumbhare, Dr. Bhushan Patil, Dr. Tejas Deotale, Dr. Tanveer Khan, Dr. Shyamal Saradkar, Dr. Entesham Kazmi, Dr. Shiraz Khan and Dr. Tameem Fazil participated in the tournament.

Dr. Ashok Adhao, Dr. Milind Naik, Dr. Manjusha Giri President and Dr. Prajakta Kaduskar Hon. Secretary, Dr. Rajesh Sawarbandhe, President Elect., Dr. Sameer Jahagirdar and Dr. Sushama Thakre Vice Presidents, Dr. Shailesh Gahukar Hon. Treasurer, Dr. Jitendra Sahu and Dr. Viral Shah Hon. Jt. Secretaries, IMA Nagpur Dr. Anjali Bhandarkar Chairman, Dr. Aditya Parihar, Hon. Secretary IMA AMS Dr. Nitin Gupta Assistant Director of Studies IMA CGP and Dr. R.J. Malani Hon. Assistant Secretary of IMA CGP Nagpur Chapter, all Past Presidents and other senior members of IMA Nagpur congratulated the team.

16th Nov. 2024

Workshop on “Building Trust and Independence”



A workshop on Empowering your teen to make responsible choices by Dr. Manjusha Giri, President, IMA Nagpur at Narayana Vidyalaya attended by more than 250 parents of Students of 8th & 9th standards. Session was interactive and well appreciated.

17th November 2024

World Prematurity Day



IMA Nagpur joined New Era Hospital (Mother & Child) in awareness Walkathon on 17th November 2024. T

heme 2024 : Access to Quality care for Premature babies everywhere .

Together, for the smallest fighters!

These tiny warriors show us the meaning of resilience, courage, and the will to overcome

Special thanks to Dr Nilesh Agrawal, Dr Anand Bhutada and Dr Sanjay Deshmukh & Team New Era (Mother and Child).

Prominently present in the event – Dr. Vikas Mahatme, Dr. Uday Bodhankar, Dr. Manjusha Giri, Dr. Prajakta Kaduskar Dr. Ramvilas Malani and Dr. R.G.Patil.

More than 70 doctors attended the Walkathon.

23rd November 2024

Organ donation awareness program



IMA NAGPUR in association with Mohan Foundation conducted Organ donation awareness program for National council of Churches students (from different states) at Khatgaon (3 km.from Dabha) on 23rd November, 2024

Dr Sameer S Jahagirdar, Vice President and Convenor of Organ Donation Awareness committee of IMA Nagpur gave a talk to spread awareness regarding need and way to pledge for Organ donation.

It was followed by questions and answers. Attendees showed keen interest in the subject.

Around 100 students from different states attended the program and also pledged for Organ donation.

Live liver donar from Nagpur Ms Khushi Nandwanshi also addressed the students and shared her experience as Liver donar.

Mr Thomas John, Principal, Mission India Theological Seminary, Mr Moses Gour, CSA Program Executive and Mrs Veena Wathore from Mohan India Foundation were also present for the program.

23rd November 2024

Fellowship in College of General Practitioner (FCGP) Examination by IMA Nagpur



IMA Nagpur successfully conducted the Fellowship in College of General Practitioner (FCGP) examinations. This day-long event included a theory paper followed by a viva, with 13 students appearing for the exams.

Key Highlights of the Event:

Examiners: The Honorable Secretary of CGP, IMA HQ, Dr. R. Anburajan & Dr Nitin Gupta presided over the examination process.

23rd November 2024

CME on Lipid Association of India Guidelines 2024



The Continuing Medical Education (CME) session on the latest *Lipid Association Guidelines 2024* was a landmark event following the conclusion of the exams. The session brought together distinguished medical professionals to discuss and explore the advancements in lipid management, based on the updated guidelines.

Dignitaries Present: **Chief Guest:** Dr. Satyajit Borah, Dean, CGP, IMA HQ

Guests of Honor: Dr. R. Anburajan, Hon. Secretary CGP, IMA HQ

Dr. Ashish Disawal, Vice President, IMA Maharashtra State

Keynote Address: Dr. Nitin Gupta, Assistant Director, CGP IMA Nagpur, delivered the keynote lecture.

Chairpersons: The event was chaired by eminent medical professionals, including:

Dr. Shankar Khobragade, Dr. Amit Band, Dr. Anjali Chivhane and Dr. Swapna Khanjode

Special Appreciation: A special acknowledgment is extended to Dr. Nitin Gupta, Dr. R. J. Malani, and all office bearers of IMA Nagpur for their commendable efforts in organizing the FCGP course after a hiatus of over 20 years.

Gratitude:

We offer sincere thanks to the guiding stalwarts:

Patron: Dr. Ashok Adhao, Mentor: Dr. Milind Naik, Dr. B. D. Deshmukh, Dr. Ravindra Jharia, Dr. Vijay Upadhyaya.

Their support and valuable guidance were instrumental in the success of the event.

The event is a significant milestone for IMA Nagpur, marking the revival of FCGP exams and fostering professional excellence among general practitioners.

Total 32 delegates attended the CME.

26th November 2024

13 Members of IMA Nagpur achieve Remarkable Success in FCGP



6 members of Indian Medical Association, Nagpur Branch have secured ranks, demonstrating exceptional academic excellence and dedication.

The FCGP study Course restarted in 2024-25, after a long gap of around 20 years, by IMA CGP Sub-faculty Nagpur at IMA House Nagpur under the guidance of Dr Satyajit Borah, Dean IMA CGP HQs and Dr R Anburajan Hon. Secretary IMA CGP. Dr. Ashok Adhao and Dr. Milind Naik, Dr Ravindra Jharia, Dr B D Deshmukh, Dr Vijay Upadhyaya were the guiding force to IMA Nagpur.

Construction of Safety wall PWD Department work has been completed

