

1st June 2024

Health Check up Camp at Police Station, Shanti Nagar



Dr. Manjusha Giri, President, Dr. Rajesh Sawarbandhe, President Elect. IMA Nagpur along with Dr. Shenaz Chimthanawala, Dr. Adil Chimthanawala, Dr. Suvarna Balankhe gave services during the camp.

More than 100 Police personnel's and local people were availed this facility.

7th June 2024

IMA, Nagpur observed World Menstrual Hygiene Day



Dr. Parul Saoji conducted awareness program on Menstrual Hygiene under the banner of

IMA NAGPUR, AMWN, AMOGS with NOGS.

Yi Health toon training for menstrual hygiene at Shraddhanand Orphanage

The program was well attended by the females in the orphanage.

9th June 2024

Class conducted under FCGP Course.

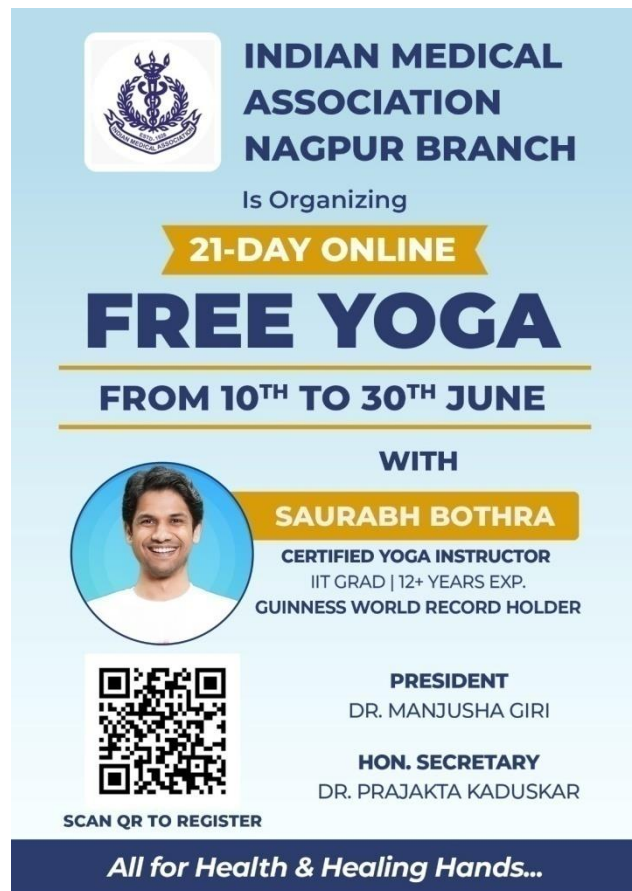



Preliminary meeting to discuss the initiation and conduction of course of FCGP i.e. Fellowship of College of General Practitioners was arranged in IMA Nagpur under IMA CGP Nagpur Sub Faculty. 14 Enrolled students and Dr. Manjusha Giri, President, Dr. Prajakta Kaduskar, Hon. Secretary IMA and Dr. Nitin Gupta, Asst. Directory, and Dr. R.J. Malani Assistant Secretary, IMA CGP Nagpur were prominently present.

10th June 2024 to 30th June 2024

World Yoga Day online Event along with Mr. Saurabh

Bothra




 **INDIAN MEDICAL ASSOCIATION NAGPUR BRANCH**
Is Organizing


21-DAY ONLINE

FREE YOGA

FROM 10TH TO 30TH JUNE

WITH

 **SAURABH BOTHRA**
CERTIFIED YOGA INSTRUCTOR
IIT GRAD | 12+ YEARS EXP.
GUINNESS WORLD RECORD HOLDER



PRESIDENT
DR. MANJUSHA GIRI

HON. SECRETARY
DR. PRAJAKTA KADUSKAR

SCAN QR TO REGISTER

All for Health & Healing Hands...

IMA Nagpur in association with Habbuid Yoga – Mr. Saurabh Bothra conducted online 21 days Free YOGA for IMA Members and their families and friends. He stressed on Burn Fat, Reduce Stress and Become Flexible.

It was a grand success.

14th June 2024

World Blood Donors Day celebrations at NDRF academy



IMA, Nagpur in association with GSK Blood Bank and NDRF Academy organized World Blood Donors Day on 14th June 2024. During this felicitation of Blood Donors, who had donated Blood for 100 and more times.

Dr. Manjusha Giri, Dr. Shweta Khandelwal Dr. Ashish Khandelwal prominently present.

14th June 2024

**Mental Health Workshop for Teachers, Parents & Doctors at IMA
Nagpur**



Indian Medical Association, Nagpur Branch in collaboration with Vidarbha Psychiatric Association & Psychiatric Society Nagpur organized a Session on **Mental Health of Resident Doctors** on 14th June 2024 at Government Medical College, Nagpur for which the Guest Speaker was Dr. Shekhar Seshadri, President, Indian Association of Child and Adolescent Psychiatry, NIMHANS, Bengaluru.

Dr. Shekhar Seshadri gave his valuable inputs for students well being in the campus at the same time creating caring campus for the students.

Dr. Devendra Mahore, Vice Dean, GMC, Dr. Uday Narlawar, Professor and HOD, PSM, Dr. Prashant Tiple, Professor & HOD, Dept. of Psychiatry, GMC, Dr. Manjusha Giri, President and Dr. Prajakta Kaduskar Hon. Secretary, IMA

Nagpur, Dr. Manish Thakre, PSN, President Dr.Sudhir Mahajan,Hon. Secretary, VPA & PSN

14th June 2024

Session on Child Protection & School Mental Health for School Teachers.



On 14th June 2024 a Lecture on “**Child Protection & School Mental Health**” in the evening for School Teachers at IMA Hall.

Dr. Manjusha Giri, President, IMA Nagpur welcomed the gathering.

Dr. Shekhar Seshadri highlighted the caring teacher and student relationship where he explained the concept of equality, equity and justice to help the students grow their learning and confidence in themselves.

Dr. Prajakta Kaduskar Hon. Secretary, IMA Nagpur proposed vote of thanks.

and Dr. Rajesh Sawarbandhe, President Elect., Dr. Sameer Jahagirdar, Vice President, IMA Nagpur, Dr. Manish Thakre, PSN, President Dr.Sudhir Mahajan,Hon. Secretary, VPA & PSN. Dr. Nikhil Pande, Dr. Abha Bang were prominently present.

The Program was conducted by Dr. Pallavi Alsi.

More than 100 teachers from different school attended the lecture.

15th June 2024

CME on

Work - Life Balance to Manage Occupational Stress



On 15th June 2024 a CME (Continued Medical Education) was held on “**Work - Life Balance to Manage Occupational Stress**” at IMA Hall, for Doctors.

Dr. Manjusha Giri, President, IMA welcomed the audience.

Dr. Shekhar Seshadri discussed many case scenarios stating development of stress amongst medical practitioners and suggested alternative solutions to overcome the same. It was very much appreciated interactive session.

Dr. Prajakta Kaduskar, Hon. Secretary, IMA proposed vote of thanks

Dr. Rajesh Sawarbandhe, President Elect., Dr. Harish Chandak, Dr. Shailesh Gahukar, IMA Nagpur Dr. Durga Bang, President, VPA, Dr. Manish Thakre, President, PSN and Dr. Sudhir Mahajan Hon. Secretary, VPA & PSN along with IMA dignitaries Dr. Archana Kothari, Dr. Jagdish Kothari, Dr. Nitin Gupta, Dr. R.J. Malani, Dr. Anjali Bhandarkar, were prominently present.

Dr. Harikrishan Mamtani was the observer.

Dr. Archana N. Deshpande conducted the program.

More than 70 Doctors attended the CME.

16th June 2024

A session “The Art & Science of Parenting”



On 16th June 2024 a Lecture on “**The Art & Science of Parenting**” was held at IMA Hall for parents.

Dr. Manjusha Giri, President IMA Nagpur welcomed the gathering.

Dr. Shekhar Seshadri gave the new 16 PF as smart parenting factors to shape the children. He further stated that children are not only things to be molded but are to be unfolded too.

More than 60 parents attended the interactive session.

Dr. Rashmi Bhisare conducted the program.

Dr. Prajakta Kaduskar, Hon. Secretary, IMA Nagpur proposed vote of thanks.

Dr. Rajesh Sawarbandhe President Elect. Dr. Sushama Thakre and Dr. Sameer Jahagirdar, Vice Presidents, Dr. Shailesh Gahukar Hon. Treasurer, Dr. Viral Shah and Dr. Jitendra Sahu Hon. Joint Secretaries of IMA Nagpur, Dr. Durga Bang, President Vidarbha Psychiatric Association, Dr. Manish Thakre, President and Dr. Sudhir Mahajan, Hon. Secretary, Psychiatric Society Nagpur & Vidarbha Psychiatric Association were prominently present.

19th June 2024

EYE Operation of Vardaan School, Toli Rahatenagar



She has Exotropia and severe ptosis in RE. We have operated squint at this time, and will do ptosis surgery later.



Free Ophthalmic Surgery (Squint Correction Surgery) of Miss. Nisha Ufade, Urmila Hatagade and Raj Hatagade had been performed by Dr. Suvarna Balankhe at Swami Vivekanand Medical Mission, Khapri, under VARDaan School House Project, Toli Rahate Nagar Centre. Dr. Manjusha Giri, President IMA prominently present.

21st June 2024

YOGA AT IMA NAGPUR



Mr. Saurabh Bothra motivating audience for Yoga at IMA in a unique way.

Dr. Jagannath Dixit explained Life Style Modification Reversal of Type 2 Diabetes.

Indian Medical Association, Nagpur in association with ASN & JCI conducted International Yoga Day Celebration on 21st June 2024 at IMA Hall as an interactive awareness-cum-demonstration session by Mr. Saurabh Bothra and Dr. Jagannath Dixit.

Dr. Manjusha Giri, President, IMA Nagpur welcomed the audience.

Mr. Saurabh Bothra stressed on practicing 4 important things by which Yoga is simple.

1. Count your input than output is definitely and keeps things simple.
2. Condition yourself by habit formation
3. Join thinking alike group of people
4. Positive self motivation.

Dr. Jagannath Dixit well known for ‘Dixit Diet Expert’ explained scientific basic of two meal plans.

The origin of campaign as inspiration from Late Dr. Shrikant Jichkar, who had initiated “World Free of Obesity and Diabetes Campaign”, which is carried forward by Dr. Jagannath Dixit.

He busted the myths regarding Diabetes and Obesity and stressed on the point that Type II Diabetes is reversible by proper lifestyle changes and reduction in weight.

Dr. Shravan Khetan, President, JCI, proposed vote of thanks.

Dr. Manmohan Daga, Dr. Sanjay Deotale, Past Presidents, IMA Nagpur, Dr. Prajakta Kaduskar, Hon. Secretary, Dr. Sushama Thakre, Dr. Sameer Jahagirdar, Dr. Shailesh Gahukar, Dr. Kanhaiya Chandak, President and Dr. Abhay Choudhari, Hon. Secretary, ASN, Dr. Kamalakar Pawar, Dr. Sachin Gathe, Dr. R.J. Malani, Dr. Jeevan Vedi, Dr. Shashank Bhole, Dr. Dhananjay Kane, Dr. Satish Kadam, Dr. Ajay Deshpande, Dr. Uday Gupte, Mr. Hemant Kalikar, were prominently present.

22nd June 2024

Road Safety and COLS at DPS



A Road Safety and COLS Training program was conducted for the Doctors and staff Delhi Public School, MIHAN by IMA Nagpur along with IMA Road safety and COLS committee IMA Maharashtra State . Dr Manjusha Giri President, Dr. Prajakta Kaduskar, Hon. Secretary, IMA Nagpur & Dr Kamalakar Pawar Member Road Safety & COLS committee IMA MS were speakers. Program attended by 93 beneficiaries & hands on training was given to all.

23rd June 2024

CME ON BASICS OF OPHTHALMOLOGY



Indian Medical Association, Nagpur organized CME on Basics of Ophthalmology on 23rd June 2024 at IMA Hall.

Dr. Manjusha Giri, President IMA Nagpur Branch welcomed the audience and briefed about the CME.

Dr. Maya Kamble, Past President, IMA Nagpur was the Chief Guest.

Speaker - Dr. Saurabh Mundhada spoke on "Pre & Post Operative Management in Eye Operation" and Indication contraindication and advantages of Intra Ocular Lenses (IOL)

Speaker - Dr. Pallavi Alsi – "Prevention of blindness, indication contraindication and care of contact lenses".

Speaker - Dr. Suvarna Balankhe – "Recognition of common eye diseases defects and management of all emergencies in eye diseases including eye injuries" and

“Common Ophthalmic procedures (Removal of foreign body / Eye syringing / Physiotherapy and other rehabilitation measures”

Dr. Gopal Arora, Dr. Vaishali Sundarkar & Dr. Varada Gokhale were chaired the session.

Dr. Prajakta Kaduskar, Hon. Secretary, IMA Nagpur proposed formal vote of thanks

Dr. Nitin Gupta and Dr. R.J. Malani prominently present.

85 delegates attended the CME.

29th & 30th June 2024

“PLEXUS” MSNCON 2024



(Lt. To Rt.) Dr. Shiv Joshi, Dr. Rajesh Sawarbandhe, Dr. Prashant Nikhade, Dr. Dinesh Thakre, Dr. Ashok Adhao, Dr. Manjusha Giri, Dr. Prajakta Kaduskar and Dr. Prateek Dabeer on the dais.

Inauguration Ceremony of 1st ever State level conference of IMA Medical Students Network “PLEXUS” MSNCON 2024 hosted by IMA Nagpur.

IMA MSN Maharashtra Conference at IMA Nagpur on 29th & 30th June 2024.

For the much awaited IMA-MSN Maharashtra Conference at IMA Nagpur, our theme for the event is "Where ideas and people connect".

With Nagpur boasting five esteemed medical colleges and an additional eleven within a 100 km radius, our mission was clear: to provide a centre for learning that transcends the boundaries of a traditional medical education. We believe that by bringing together like-minded individuals, we can create an environment conducive to meaningful connections and lifelong friendships.

The inauguration ceremony on 29th June 2024 was a momentous occasion marked by a palpable sense of anticipation and intellectual energy. Participants from diverse fields and backgrounds gathered in the conference hall and the judges were escorted and seated. The welcome address delivered by the State Convenor IMA MSN, Geeti Malhotra and organizing chair, Prateek Dabeer at the conference was both gracious and inspiring. The event commenced with a poignant invocation song performed by Dolly, accompanied by a symbolic lamp lighting ceremony. At the inauguration ceremony, several esteemed doctors were introduced, each recognized for their exceptional contributions to their respective fields. Among them were Dr. Ashish Disawal was introduced and felicitated at the event, acknowledged for his exemplary contributions as a leading pathologist doctor specialising in comprehensive diagnostic services; Dr. Prajakta Kaduskar, a highly esteemed Adolescent Pediatrics Consultant & Psychologist with an impressive 15 years of experience in her field; Dr. Rajesh Swarbandhe who is one of the top orthopaedic surgeons in nagpur and Dr. Manjusha Giri, who has a great reputation in the industry for treating children and keeping them in the best health.

The esteemed Dr. Dinesh Thakre, a top player in the category Pathologist Doctors in the Amravati with a well-known establishment which acts as a one-stop destination, graced the conference as the guest of honour and was felicitated.

The event proceeded with the introduction of Dr. Shiv Joshi. Dr. Joshi is recognized for his expertise in Community medicine as a member of the international chair in Bioethics, WHO and the Chairman of IMA MSN Maharashtra. His introduction highlighted his leadership and commitment to enhancing healthcare standards. Dr. Ashok Adhao is a well known figure who is practicing as a General Surgeon and Family Physician with a wealth of experience since 1980. He sensitized the whole medical fraternity all over India by starting "Save a girl child". The inaugural ceremony was a resounding success, and set the stage for the proceedings. At the conclusion of the event, Trushika Gupta eloquently delivered a heartfelt vote of thanks, expressing gratitude to all participants and organizers for their contributions. Following her speech, a solemn atmosphere descended as everyone stood in reverence, joining together to sing the national anthem.

The conference features a diverse array of events designed to stimulate intellectual curiosity, foster collaboration, and ignite innovation.

From multiple academic events like allowing all participants to foster creativity and curiosity in medical hackathons, stimulating quizzes, thought provoking debates, and invigorating discussions during the case and paper presentation competitions to Workshops on ECG, Suturing, ACLS conducted by esteemed doctors who are specialists in these fields. The conference also has multiple cultural events including ice breaker sessions and mock trials

and seminars led by esteemed doctors, the attendees can definitely expect a dynamic lineup that caters to their diverse interests and aspirations.

The support of Dr. Dinesh Thakre, IMA Maharashtra State, Dr.Sourabh Sanjanwala Hon. Secretary as well as the entire IMA Maharashtra State team has been essential in ensuring the resounding success of this conference.

The unwavering dedication, and professional excellence of Dr Manjusha Giri, President of IMA Nagpur, Dr Prajakta, Honorary Secretary IMA Nagpur and well as the entire IMA NAgpur team were instrumental in ensuring the smooth conduction of the event.

IMA Maharashtra State and IMA Nagpur's guidance and mentorship is evident in every aspect of the conference, from the initial planning stages to the final execution. Their attention to detail and proactive approach were truly commendable. On behalf of IMA MSN Maharashtra we are truly grateful for your support.

30th June 2024

Blood Donation Camp with MSN Students on the Eve of Doctors' Day



IMA Nagpur in association with Maharashtra Students' Network (MSN) organized a Blood Donation Camp on the eve of Doctors' Day, 30th June 2024 at IMA Hall for students of MSN.

33 units were collected in the camp.

30th June 2024

CME on Basics of ENT



Indian Medical Association, Nagpur in association with AOI & HNS, Vidarbha organized CME on Basics of ENT on 30th June 2024 at IMA Hall.

Dr. Manjusha Giri, President IMA Nagpur Branch welcomed the audience and briefed about the CME.

Dr. Devendra Mahore, Vice Dean, Govt. Medical College, Nagpur was the Chief Guest.

Dr. Vipin Ikhari, Dr. Seema Patel, Dr. Gaurav Agrawal and Dr. Ashish Disawal were the Faculties.

Dr. Vipin Ikhari spoke on "Recognition diagnosis & Mgt. of Common Diseases including emergencies of ENT.

Dr. Seema Patel spoke on "Pre & Post Operative of Management"

Dr. Gaurav Agrawal spoke on "Knowledge about physical examination of Ear, Nose & Throat (Rhinoscopy Autoscopy , Laryngo copy Audiometry)

Dr. Ashish Disawal spoke on "Carrying out Hearing Tests Taking Throat Swabs removal of wax & foreign bodies.

Dr. Prajakta Kaduskar, Hon. Secretary, IMA Nagpur proposed formal vote of thanks

Dr. Nitin Gupta and Dr. R.J. Malani were the conveners.

Dr. Sonali Khadakkar, President, Dr.Gaurav Agrawal Hon. Secretary, Dr. Sharmishtha Bele, President Elect. and Dr Ashish Chikhale, Hon. Treasurer AOI were prominently present.

40 delegates attended the CME.